

**ARTICULATION/TRANSFER AGREEMENT
EAST TENNESSEE STATE UNIVERSITY**



EAST TENNESSEE STATE
UNIVERSITY

Bachelor of Science//*Kinesiology (Exercise Science)*

Virginia Highlands Community College



Associate of Arts and Sciences//*General Studies-Exercise Science*

Virginia Highlands Community College

<u>FALL</u>	<u>HOURS</u>	<u>SPRING</u>	<u>HOURS</u>	<u>FALL</u>	<u>HOURS</u>	<u>SPRING</u>	<u>HOURS</u>
ENG 111	3	ENG 112	3	BIO 101	4	BIO 102	4
HIS 121	3	HIS 122	3	ENG 245 or 246	3	PSY 230	3
MTH 161	3	PSY 200	3	MTH 245	3	REL 230	3
BIO 141	4	BIO 142	4	PSY 215	3	HLT 230	3
SDV 101	1	HLT 140	2	HLT 228	3	HLT 106	3
HLT 206	3	CST 100	3				
TOTAL	<u>17</u>		<u>18</u>		<u>16</u>		<u>16</u>

TOTAL HOURS: 67¹

¹ Students will have to pay for 4 credits out of pocket for this pathway.

East Tennessee State University

<u>JUNIOR</u>	<u>Hours</u>	<u>SENIOR</u>	<u>Hours</u>
PHED 1130	3	PEXS 4977	3
PEXS 2955	3	PEXS 4657	3
PEXS 3020	3	PEXS 4656	3
PEXS 3080	3	PEXS 4630	6
PEXS 3510	3	PEXS 4620	3
SALM 4210	3	PEXS 4270	3
HSCI 3000	4	PEXS 4062	3
HSCI 3020	4	CSCI 1100*	3
PEXS 3610	3		
PEXS 4061	3		
TOTAL	<u>32</u>		<u>27</u>

TOTAL HOURS: 59

TOTAL DEGREE CREDITS: 67+59 = 126

For more details or to set up an advisement appointment Please contact the Department of Sport, Exercise, Recreation and Kinesiology at (423) 439-4265
No Minor Required

*USING INFORMATION TECHNOLOGY proficiency required, either by passing a proficiency exam or CSCI 1100 completion. See the website <http://www.etsu.edu/uit> for proficiency exam or call (423) 439-6964 for additional information to register.

Department Information

Department of Sport, Exercise, Recreation and Kinesiology

PO Box 70671

Phone: (423) 439-4265

Fax: (423) 439-5383

Web address: www.etsu.edu/coe/serk

Dr. Mike Ramsey, Department Chair

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The Department of Sport, Exercise, Recreation, and Kinesiology offers two different baccalaureate degree programs: B.S. in Kinesiology with concentrations in Exercise Science and K-12 Teacher Education as well as a B.S. in Sport and Recreation Management with concentrations in Sport Management and Park and Recreation Management.

The Exercise Science concentration is a multidisciplinary approach to exercise, fitness, and wellness. The primary emphasis is on the effects of exercise on various body systems. Support studies from psychology, health education, and applied human sciences provide a knowledge base in the psychological aspects of health and behavior, generally oriented toward lifestyle maintenance and health promotion/risk reduction.

Degree Requirements: 120 credits

General Education	41-42 credits
Major Total Requirement	77 credits
<i>Major Core</i>	<i>(21 credits)</i>
<i>Concentration</i>	<i>(47 credits)</i>
<i>Advisor-Approved Electives</i>	<i>(9 credits)</i>
Free Electives	2 credits
TOTAL	120 credits

[Suggested Four-Year Program of Study: KNSY-BS \(EXER\)](#)

General Education Requirements

These requirements include earning 41-42 credits in Communication, Humanities and Fine Arts, Social and Behavior Sciences, History, Natural Sciences and Mathematics categories.

Total Requirements for Kinesiology Major: 77 credits

Kinesiology Major Core: 21 credits

- [COBH 2030 - First Aid and Emergency Care](#) (3 credits)
- [PHED 1130 - Wellness for Life](#) (3 credits)
- [PEXS 2955 - Care and Prevention of Athletic Injuries](#) (3 credits)
- [PEXS 3032 - Psychomotor Development in Children](#) (3 credits)
- [PEXS 3080 - Teaching Aerobic Conditioning](#) (3 credits)
- [PEXS 3510 - Foundations of Physical Education and Sport](#) (3 credits)
- [SALM 4210 - Legal Issues and Risk Management in Sport and Leisure Activities](#) (3 credits)

Exercise Science Concentration: 47 credits

- [NTFD 2420 - Principles of Nutrition Science](#) (3 credits)
- [HSCI 3000 - Human Anatomy](#) (4 credits)
- [HSCI 3020 - Human Physiology](#) (4 credits)
- [PEXS 3610 - Exercise Physiology I](#) (3 credits)
- [PEXS 4061 - Exercise Fitness Testing](#) (3 credits)
- [PEXS 4062 - Cardiovascular Exercise Testing and Electrocardiography](#) (3 credits)
- [PEXS 4270 - Structural Kinesiology](#) (3 credits)
- [PEXS 4620 - Exercise Physiology II](#) (3 credits)
- [PEXS 4630 - Exercise Science Internship I](#) (6 credits)
- [PEXS 4631 - Exercise Science Internship II](#) (6 credits)
- [PEXS 4656 - Sport Conditioning and Training](#) (3 credits)
- [PEXS 4657 - Sports Nutrition and Ergogenic Aids](#) (3 credits)
- [PEXS 4977 - Exercise Management for Persons with Chronic Diseases and Disabilities](#) (3 credits)

Advisor Approved Electives: 9 credits

Choose from: [ALHE 2010](#), [BIOL 1110/BIOL 1111](#), [BIOL 1120/BIOL 1121](#), [CHEM 1110/CHEM 1111](#), [CHEM 1120/CHEM 1121](#), [COBH 1010](#), [COBH 2750](#), [COBH 4030](#), [COBH 4607](#), [HDAL 2310](#), [HDAL 2340](#), [HSCI 3030/HSCI 3031](#), [HSCI 3046](#), [HSCI 3320/HSCI 3321](#), [NTFD 3250](#), [NTFD 3465](#), [PHED 1140](#), [PHED 2100](#), [PHYS 2010/PHYS 2011](#), [PHYS 2020/PHYS 2021](#), [PSYC 4320](#), [SALM 3105](#), [SALM 3220](#), [SALM 3225](#), [SALM 4215](#), [SALM 4230](#), [SPED 2300](#), or [SPED 3445](#).

No Minor Required

Free Electives: 2 credits

Additional Information

Click here to view [Degree and Graduation Requirements](#) for all ETSU students.
[CSCI 1100](#) or [Proficiency exam](#): Must be completed to meet Bachelor's Degree Requirements.

Most minors range from 18-24 credits. Those few minors with more than 24 credits may affect the number of free electives allowed.