

CBAT: DRESSING FOR THE INTERVIEW

According to Image Dynamics, 55% of another person's perception of you is based on how you look. First impressions are vital!

MEN

- **Single-breasted navy, charcoal gray, or black two piece suit. A subtle stripe or pattern is acceptable.**
- **White, long-sleeved oxford cloth shirt.**
- **Conservative tie.**
- **Dark socks that, when you are seated, will remain above the pants cuff.**
- **Belt or shoes of matching color, typically black or cordovan. Well polished shoes.**
- **Professional briefcase or portfolio instead of backpack.**
- **Minimal cologne.**
- **Neat hair style.**
- **No more than 1 ring on each hand.**
- **Professional watch, especially one without an alarm that may sound during the interview.**
- **Trimmed and clean finger nails.**
- **Good hygiene!**
- **Remove body piercing, including earrings, and cover tattoos.**
- **No chewing gum!**

WOMEN

- **Skirted suit with skirt length appropriately at or just above the knees. Suit jacket can be single or double-breasted. Pant suits are also acceptable.**
- **Navy, charcoal gray or black are the preferred suit colors.**
- **White, off white or light cotton or silk blouse with conservative necklines and hidden or conservative buttons.**
- **Low to medium leather heel with closed toe.**
- **Neutral hosiery.**
- **Moderate amount of jewelry or accessories. No more than 1 ring on each hand.**
- **Professional briefcase or portfolio instead of backpack or purse.**
- **Minimal makeup and perfume.**
- **Trimmed fingernails with conservative color, if any.**
- **Good hygiene!**
- **Neat hair style with hair pulled back from face.**
- **No chewing gum!**

BUSINESS CASUAL: General Rules

Men:

- **Not expected to wear ties**
- **Business or sports jacket is appropriate**
- **Stylish, solid colored pants**
- **Long-sleeved solid or striped dark shirt**
- **Dark socks**
- **Matching belt and shoes**

Women:

- **Business skirt or pants**
- **Conservative blouse or sweater**
- **Blazer or vest is appropriate**
- **Flat or low heels**
- **Neutral hosiery**
- **Belt, scarf, and accessories should remain understated**

NON-BUSINESS CASUAL ATTIRE:

- **Jeans, tennis shoes, tight or short skirts, t-shirts and sweatshirts**
- **Business casual does not apply to grooming standards.** (*Your appearance should remain neat and respectable. This includes nicely pressed clothing, polished shoes, and conservative accessories.*)

Interview Dress web site designed specifically for college students:

www.symsdress.com