

## Resilient Schools

### Changing School Culture Survey

*To be completed by all school personnel who have completed trauma-informed training.*

**Name of school where you teach/work:** \_\_\_\_\_

**Identify your role at the school:** \_\_\_\_\_

(teacher, teaching aide, administrator, etc.)

Please answer the questions below based on your opinion. If a question does not apply to you or you are not aware, choose N/A (not applicable; not aware). Circle the response that best first for you.

**1. Staff at my school understand the impact of trauma.**

Not at all true      Somewhat true      Mostly true      True      N/A

**2. Staff understanding of the impact of trauma is incorporated into daily decision-making practice at my school.**

Not at all true      Somewhat true      Mostly true      True      N/A

**3. Timely trauma informed assessment is available and accessible to students at my school.**

Not at all true      Somewhat true      Mostly true      True      N/A

**4. Disciplinary approaches are trauma informed at my school.**

Not at all true      Somewhat true      Mostly true      True      N/A

**5. Restorative practices are routinely used in our school.**

Not at all true      Somewhat true      Mostly true      True      N/A

**6. There is a system of communication in place with other agencies to help supplement trauma informed decisions concerning students at my school and/ or their families.**

Not at all true      Somewhat true      Mostly true      True      N/A

**7. A continuum of trauma informed intervention is available for students at my school.**

Not at all true      Somewhat true      Mostly true      True      N/A

**8. Social and self-regulation skill-building opportunities are offered for students at my school.**

Not at all true	Somewhat true	Mostly true	True	N/A
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**9. Expectations are communicated in clear, concise, and positive ways.**

Not at all true	Somewhat true	Mostly true	True	N/A
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**10. Goals for achievement of students affected by traumatic experiences are consistent with the rest of the class.**

Not at all true	Somewhat true	Mostly true	True	N/A
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**11. Students' strengths and interests are evaluated and incorporated into student behavior contracts.**

Not at all true	Somewhat true	Mostly true	True	N/A
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**12. Interventions are structured in predictable and emotionally safe ways.**

Not at all true	Somewhat true	Mostly true	True	N/A
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**13. Classrooms employ positive supports for behavior.**

Not at all true	Somewhat true	Mostly true	True	N/A
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**14. Information is presented using multiple modes.**

Not at all true	Somewhat true	Mostly true	True	N/A
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**15. Learning is assessed using multiple modes.**

Not at all true	Somewhat true	Mostly true	True	N/A
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**16. Opportunities exist for learning how to interact effectively with others.**

Not at all true	Somewhat true	Mostly true	True	N/A
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**17. Opportunities exist for students to learn how to plan and follow through on assignments.**

Not at all true	Somewhat true	Mostly true	True	N/A
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**18. In your classroom, trauma-informed practices have changed behavior and discipline?**

Not at all true      Somewhat true      Mostly true      True      N/A

**19. The level of respect between staff and students has improved since the implementation of trauma informed practices.**

Not at all true      Somewhat true      Mostly true      True      N/A

**20. We have positive school traditions in place.**

Not at all true      Somewhat true      Mostly true      True      N/A

**21. We have activities that celebrate students in place.**

Not at all true      Somewhat true      Mostly true      True      N/A

**22. We have activities that celebrate faculty and staff in place.**

Not at all true      Somewhat true      Mostly true      True      N/A

**23. What additional professional learning would you like included to support your role?**

**24. How many office referrals for disciplinary reasons have you had to make this year? Number:**

**25. Please list all of the trauma informed approaches you are currently using in your classroom.**

**26. Please describe the overall climate of your school (e.g. my school feels chaotic/ students and staff always experience a sense of calm).**

**27. How would you describe the emergent behavior(s) among your school staff? (e.g. more curiosity around trauma sensitivity or reluctance toward trauma responsive practices?)**

Thank you for completing the survey! We appreciate your responses.

\*This survey instrument was developed in partnership with the Educational Leadership and Policy Analysis Department and Strong BRAIN Institute at East Tennessee State University. If you would like to use this survey instrument, we invite you to share your findings with the Resilient Schools Project research team.

Christian, G., Quinn, M., Haas, R., & Foley, V. (2025). *Resilient schools changing school culture instrument*. East Tennessee State University, Johnson City. TN.

