

Typical Week in the M1 Year

Time	Monday	Tuesday	Wednesday	Thursday	Friday
8:00-8:50	TBL	SDST	TBL	Human Structure: (Anatomy, Embryology, Histology) ¹ or Simulation or other course sessions	PBL or Doctoring: SPECTRM
9:00-9:50					
10:00-10:50	Interactive Large Group		Interactive Large Group		
11:00-11:50	Interactive Large Group		Interactive Large Group		
12:00-12:50					
1:00-1:50	SDST	Doctoring: Clinical Preceptor Every other week Day of week varies among students	Learning Community Activity (~every 4-6 weeks) or SDST	Doctoring: Clinical Skills	SDST
2:00-2:50					
3:00-3:50					
4:00-4:50					

TBL: Team-based Learning, SDST: Self-directed study time, PBL: Problem-based learning, SPECTRM: System, Professional, Ethical, and Community Topics Relevant to Medicine