



OFFICE of CONTINUING
MEDICAL EDUCATION
Quillen College of Medicine
EAST TENNESSEE STATE UNIVERSITY

NE TN Save a Life: Addressing the Primary Care Patient on Long Term Opioid Therapy

Thursday, December 6, 2018
Summit Leadership, Johnson City, TN

Thursday, December 6, 2018

5:30 PM – 5:45 PM Registration, Eat, and Greet

5:25 PM – 5:50 PM Welcome and Acknowledgments

Learning Objectives:

As a result of participating in this activity, the attendee will be able to...

5:50 PM – 6:00 PM State Targeted Response Grant Goals

6:00 PM – 6:45 PM New Opiate Prescribing Highlights

*Tim Smyth, MD
Medical Director, Over Mountain Recovery
Clinician, Addiction Medicine, Cherokee Indian Hospital
Adjunct Faculty, ETSU College of Public Health*

- Describe appropriate opiate prescribing guidelines and how to put them into practice
- Identify changes to the opiate prescribing highlights for 2019

**6:45 PM – 7:20 PM The Agony of Opiate Withdrawal
Video – Patient Story**

- Describe the importance of prescribing opioids from the patient's point of view
- Describe the importance of implementing education on the possibility of addiction and how to taper an opioid appropriately
- Describe how to recognize and addicted patient and how to intervene

7:20 PM – 7:50 PM Referrals to Treatment: What the provider can do to facilitate treatment

- Identify local treatment resources
- Discuss how and when to refer clients to treatment

*Jason Abernathy, CPRS
Lifeline Coordinator
Insight Alliance*

7:50 PM – 8:15 PM Psychosocial Issues

- Identify three risk factors for opioid misuse or dependence
- Discuss risk factors for persons from childhood to adulthood

*Deanna Irick, M.Ed.
Licensed Professional Counselor
Substance Abuse Professional
Iron Mountain Counseling*

8:15 PM – 8:20 PM Q&A

8:20 PM – 8:30 PM Closing Comments

*Meets Tennessee Prescribing Practices Credit Requirements



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Summit Leadership

3104 Hanover Rd, Johnson City, TN 37604

Activity Directors Sherry Barnett

Target Audience Family Practice Physicians, Internal Medicine Physicians, Emergency Medicine Physicians, Physician Assistants, Advanced Practice Nurses. Nurses

Overall Conference Objectives As a result of attending this activity, the participant will be able to:

- Describe appropriate opiate prescribing guidelines and how to put them into practice
- Identify alternative treatment modalities when discharging a patient from practice who has been on long term opioid use
- Describe psychosocial factors involved when patients are abruptly removed from their level of care

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Activity Director

Sherry Barnett

Planning Committee Members

Elizabeth Wolf, MBA, CPPS, CPHRM

Speakers

Jason Abernathy, CPRS

Diana Irick, M.Ed.

Tim Smyth, MD

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Handouts

If the author has given permission for us to share his/her presentation(s) it will be posted online and will be available for download and viewing. www.etsu.edu/com/cme

Transcripts of CME Credit

By completing the evaluation and posttest in the HighMarks system this activity will be added to your TRANSCRIPT, which is maintained in the ETSU Office of CME. You may print your transcript online from your HighMarks account. Check with the Registration Desk for information on how to access and print your transcript, or call our office, 423-439-8027, with questions.

Conference Planner

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If you have questions, concerns, or comments about this activity, please contact:
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Accreditation



ACCME Accreditation: The Quillen College of Medicine, East Tennessee State University, is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.



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Multi-Disciplinary Thoracic Conference			
Session	Time	Hours	Action
Multi-Disciplinary Thoracic Conference	Fri, 4/27 7:00- 8:00	1.00	Remove Credit Edit Session Evaluation
Total Credits:		1.00	Print Activity Transcript Email Activity Transcript

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Pending Credits

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Session	Time	Pending Hours	Action
Tennessee Department of Health: New Issues, Data, and Laws in the Opioid Epidemic- Johnson City	Thu, 5/3 5:00- 9:00	3.00	Remove Credit Complete Evaluation

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1. Log in to your HighMarks account at ww2.highmarksce.com/etsu.
2. Click **'My Credits'** and Locate *NE TN Save a Life: Addressing the Primary Care Patient on Long Term Opioid Therapy* in the **'Pending Credits'** section.
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4. You are finished! The hours will show up under hours instead of pending once the process is complete.