



Preventing Neonatal Abstinence Syndrome Through Assessment & Physician Guidance

April 12, 2019 12:00 PM – 3:30 PM University of Tennessee Medical Center Wood Auditorium 1924 Alcoa Hwy, Knoxville TN 37920

	AGENDA 8	& LEARNIN	G OBJECTIVE	ς
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Schedule Speaker & Topic Learning Objective(s)

"As a result of participating in this activity, the attendee will..."

12:00 PM - 12:20 PM Welcome

Karen Pershing, MPH, CPS II

Executive Director, Metro Drug Coalition

Specialist in Maternal-Fetal Medicine/Obstetrics

& Gynecology

12:35 PM – 1:15 PM **Overview of the Disease of Addiction**

Stephen Loyd, MD

Medical Director, JourneyPure

1:15 PM - 2:00 PM What is SBIRT?

Karen Pershing, MPH, CPS II

Executive Director, Metro Drug Coalition

 Identify signs and symptoms of acute opiate withdrawal

 Identify risky prescribing practices of controlled substances

 Understand the disease process of addiction

 Recognize the risk factors and causes of Neonatal Abstinence Syndrome

Understand the process of SBIRT

 Discover ways to implement the screening tool

 Learn how to provide a brief intervention

Learn about community resources

SBIRT: Screening

Karen Pershing, MPH, CPS II

Executive Director, Metro Drug Coalition

- Describe importance of universal screening
- Describe an important screening tool for pregnant women, (5 Ps)
- Describe the Alcohol, Smoking and Substance Involvement Screening Test (ASSIST)
- Describe how this may be part of your office's clinic flow
- Provide billing codes

2:00 PM - 2:10 PM

Forms of Voluntary Reversible Long Acting Contraceptives (VRLAC) Available

Annabel Henley

Program Director, Women's Health Knox County Health Department

- Identify the three different types of Long Acting Reversible Contraceptives
- Understand the difference between unintended pregnancies in the general population and the addiction community
- Understand the approach taken by the KCHD to prevent the rise of Neonatal Abstinence Syndrome in East Tennessee

2:10 PM - 2:30 PM

SBIRT: Brief Intervention

Sharon K. Davis, DNP, WHNP-BC

Clinical Assistant Professor, Women's Health, College of Nursing, University of Tennessee-Knoxville

- Identify the 5 steps of Motivational Interviewing (MI) as they relate to brief interventions
- Recognize substance use and abuse issues in patients
- Use evidence-based practices to approach patient treatment of substance abuse

2:30 PM - 3:00 PM

Using the Controlled Substance Monitoring Database

Michael O'Neil, PharmD

Professor and Vice Chair, Department of Pharmacy Practice, Drug Diversion/Substance Abuse Specialist, College of Pharmacy, South College

- Briefly discuss basic clinical applications and considerations of Prescription Drug Monitoring Programs (PDMP)
- Identify and discuss limitations of the PDMP
- Implement simple strategies that optimize utilization of PDMP

3:00 PM – 3:25 PM SBIRT: Referrals — Treatment Options

Jason Goodman, CPRS Regional Lifeline Director, Metro Drug Coalition

- Become more informed concerning criteria to enter certain types of treatment.
- Become more informed concerning the available treatment resources in the community.

3:25 PM – 3:30 PM Follow-up Survey, Wrap-up, and Evaluation