



OFFICE *of* CONTINUING
MEDICAL EDUCATION
Quillen College of Medicine

EAST TENNESSEE STATE UNIVERSITY

22nd Annual Louis A. Cancellaro Primary Care Conference

Monday - Thursday

March 19 - 22, 2018

Millennium Centre, Johnson City, Tennessee

Target Audience

- This conference is designed for all physicians, family medicine physicians, internal medicine physicians, physical therapists, psychiatrists, psychologists, surgeons, emergency medicine, advanced practice nurses, physician assistants, pharmacists, nurses, EMS providers, public health providers, billing and coding personnel, medical students, APN/PA students, nursing students, and EMS students.

Overall Conference Objectives

- Evaluate patients of all ages using most current medical trends.
- Demonstrate an increased knowledge base on up-to-date pharmacological agents available.
- Determine the most appropriate treatment for patients in the primary care setting.
- Apply knowledge to current panel of patients.
- Demonstrate understanding of current medications available for treatment of chronic illnesses.
- Compare the current diagnosis treatment plan to alternative medicines and treatment.

AGENDA

Monday March 19, 2018

7:15 AM – 7:45 AM

Breakfast, Registration, and Exhibitors

7:45 AM – 8:00 AM

**Welcome and
Pre-conference
Announcements**

Learning Objectives:

*As a result of participating in this activity,
the attendee will be able to...*

8:00 AM – 9:00 AM

**Pulse Nightclub: One of the
Deadliest Mass Shootings
in U.S. History**

Joseph Ibrahim, MD
Orlando Health Physicians
Surgical Group

- Learn to diminish or eliminate the risk of death or permanent disability following traumatic events.
- Implement disaster preparedness drills.
- Recognize the difference between “routine” and “crisis.”

9:00 AM – 10:00 AM

**Keeping Children and
Adolescents with Down
Syndrome Healthy:
Medical Updates for
Physicians**

Brian G. Skotko, MD, MPP
Massachusetts General
Hospital

- Identify resources to maximize the health and well being of people with Down syndrome.
- Use the latest advances in healthcare for children and young adults with Down syndrome.

10:00 AM – 10:15 AM

Break and Exhibitors

10:15 AM – 11:15 AM

**The Latest and Greatest
Research about Down
Syndrome**

Brian Skotko, MD, MPP
Massachusetts General
Hospital

- Describe the newest evidence-based treatments for obstructive sleep apnea in people with Down syndrome.
- Explain the outcomes of recent clinical research trials aiming to improve cognitive functioning in persons with Down syndrome.
- Understand the shifting demographics related to people with Down syndrome in the US.

11:15 AM – 12:15 PM

Evidence-based Cancer Screening: Current Guidelines for Primary Care. What, When, Why?

Devapiran Jaishankar, MD
Department of Internal Medicine
Quillen College of Medicine
East Tennessee State University

- Discuss cancers that need to be screened.
- Choose appropriate screening tools for various cancers.
- Discuss risks vs. benefits of screening with patients.
- Understand research data steering national guidelines.

12:15 PM – 1:00 PM

Lunch and Exhibitors

1:00 PM – 2:00 PM

Fine Needle Aspiration and its Role in the Primary Care Setting

Yasmin Elshenawy, MD
Outpatient Cytopathology Center

- Understand the clinical role of fine needle aspiration.
- Identify diagnostic approaches to palpable and non-palpable masses.

2:00 PM – 4:30 PM

End of Life Scenarios and Discussion

A break will offered mid-way through the program.

Moderator
James Holt, MD Department of Family Medicine, Quillen College of Medicine East Tennessee State University

Performers:
Ellie Barnett
Laura Berry
Pat Cronin
David Carter
Debbie Shoun

- Counsel patients and families appropriately about options in difficult end-of- life circumstances.
- Discuss potential management options in difficult end-of-life circumstances.
- Work more effectively with families divided over end-of-life decisions.

4:30 PM

Closing Remarks

Please remove all personal items at the end of the day; the ballroom is being used for another function in the evening and your items will not be secure.

Tuesday March 20, 2018

7:30 AM – 7:50 AM

Breakfast, Registration, and Exhibitors

7:50 AM – 8:00am

Welcome and Announcements

8:00 AM – 9:00 AM

From Slightly Stressed to a Hot Mess: Working with Anxiety Disorders in Primary Care

Myra Q. Elder, PhD
James H. Quillen VA Medical Center

- Identify changes to the classification of anxiety disorders in the DSM-V.
- Ask essential questions to help clarify a diagnosis of anxiety disorder.
- Provide patients with tools to help them reduce their symptoms.
- Understand medication treatment options.

9:00 AM – 10:00 AM

How to Enjoy Workers' Compensation

Robert Snyder, MD
Medical Director for Tennessee Workman's Compensation

- Identify the unique requirements for patients of workers' compensation.
- Examine the issues surrounding causation analysis and return-to-work.

10:00 AM – 10:15 AM

Break and Exhibitors

10:15 AM – 11:15 AM

Human Papillomavirus Virus (HPV) Review and Prevention Update

Linda McClure, APN
Northeast Tennessee Regional Health Office
Tennessee Department of Health

- Recognize common HPV myths and integrate evidence-based information into daily clinical practice.
- Identify and apply effective strategies to overcome barriers to HPV vaccination.

11:15AM – 12:15PM

The Health Wagon: Nurses Empowering Rural Communities

Teresa Gardner Tyson, DNP, MSN
The Health Wagon

Paula Hill, DNP, MSN
The Health Wagon

- Discuss innovation, such as drone use in rural settings.
- Define challenges the rural free clinic must overcome on a daily basis.
- Discuss access to healthcare.

12:15PM – 1:00PM

Lunch

1:00PM – 2:00PM

HIV Pre-exposure Prophylaxis (PrEP) in the Primary Care Setting

David Kirschke, MD
Northeast Tennessee
Regional Health Office
Tennessee Department of
Health

- Explain the rationale and indications for HIV PrEP.
- Understand the data supporting PrEP.
- Describe the pre-initiation evaluation.

2:00PM-3:00PM

Building a Resilient Team

Teresa Stephens, PhD, MSN, RN
College of Nursing
Medical University of South
Carolina

- Describe the concept of resilience as it pertains to the interprofessional team.
- Describe the relationship between resilient teams and the quadruple aim.
- Describe at least two strategies to create a resilient team.
- Develop a model for a resilient team.

3:00PM -3:15PM

Break

3:15PM- 4:30PM

Continued Building a Resilient Team

Please remove all personal items at the end of the day; the ballroom is being used for another function in the evening and your items will not be secure.

Wednesday March 21, 2018

7:30 AM – 7:50 AM

Breakfast, Registration, and Exhibitors

7:50 AM – 8:00 AM

Welcome and Announcements

8:00 AM – 9:00 AM

Ostomy Related complications: A Review

Mona Baharestani, PhD, APN
James H. Quillen VA Medical Center

- Describe stoma characteristics (e.g., anatomical type, presentation, construction, and effluent).
- Identify common stoma and peri-stomal complications and describe the management plans.

9:00 AM – 10:00 AM

Hepatitis C (HCV): The Patients in Your Primary Care Clinic

Penny Thayer, FNP, BC
Hepatitis C Program
Coordinator Clinic

- Identify risk factors of Hepatitis C.
- Determine treatment options.
- Identify follow-up options after sustained virologic response (SVR).

10:00 AM – 10:15 AM

Break and Exhibitors

10:15 AM – 11:15 AM

Advanced Directives/Do Not Resuscitate Orders

Angela May, MD
ACOS Geriatrics and
Extended Care/PMRS
James H. Quillen VA Medical Center

- Understand the need for goals of care conversation and documentation of life sustaining treatment preferences.
- Relate how life-sustaining treatments relate to goals of care.

11:15 AM – 12:15 PM

The Legal Side of Pain

Jennifer Bolen, JD
The J. Bolen Group

- Identify common theories of liability raised in cases charging physicians with inappropriate prescribing resulting in the death of a patient.
- List basic elements of risk mitigation and response protocol for the physicians use with staff and patients.

12:15 PM – 1:00 PM

Lunch

Please remove all personal items at the end of the day; the ballroom is being used for another function in the evening and your items will not be secure.

Skill Sessions

A	<p>1:00 PM – 2:30 PM</p> <p>EKG/ABG</p> <p>Reid Blackwelder, MD Chair, Department of Family Medicine, ETSU</p> <p>15 people max Room 230</p>	<p>Break at 2:30-2:45</p>	<p>2:45 PM – 4:30 PM</p> <p>Ultrasound Applications for Joints</p> <p>Benjamin England, MD Appalachian Orthopedics</p> <p>15 people max Room 225</p>	
B	<p>1:00 PM – 2:30 PM</p> <p>Ultrasound Applications for Joints</p> <p>Benjamin England, MD Appalachian Orthopedics</p> <p>15 people max Room 225</p>	<p>Break 2:30PM - 2:45PM</p>	<p>2:45 PM – 4:30 PM</p> <p>EKG/ABG</p> <p>Reid Blackwelder, MD Chair, Department of Family Medicine, ETSU</p> <p>15 people max Room 230</p>	
C	<p>1:00 PM – 1:55 PM</p> <p>Ultrasound/Abscess vs. Cellulitis and Detection of Pediatric Long Bone Fractures.</p> <p>Allison Schafer, DO Department of Family Medicine, ETSU</p> <p>12 people max Room 264</p>	<p>1:55 PM-2:55 PM</p> <p>Dermascopy</p> <p>James Holt, MD Professor, Department of Family Medicine and Geriatrics, ETSU</p> <p>12 people max Room 260</p>	<p>Break 2:55 PM – 3:15PM</p>	<p>3:15 PM – 4:30 PM</p> <p>Pediatric Pulmonology</p> <p>Barbara Stewart, MD Director of Pediatric Pulmonology, Department of Pediatrics, ETSU</p> <p><i>*Stethoscope preferred</i> 12 people max Room 215</p>
D	<p>1:00 PM – 1:55 PM</p> <p>Dermascopy</p> <p>James Holt, MD Professor, Department of Family Medicine and Geriatrics, ETSU</p> <p>12 people max Room 260</p>	<p>1:55 PM-2:55 PM</p> <p>Pediatric Pulmonology</p> <p>Barbara Stewart, MD Director of Pediatric Pulmonology, Department of Pediatrics, ETSU <i>*Stethoscope preferred</i></p> <p>12 people max Room 215</p>	<p>Break 3:00PM – 3:15PM</p>	<p>3:15 PM – 4:30 PM</p> <p>Ultrasound/Abscess vs. Cellulitis and Detection of Pediatric Long Bone Fractures.</p> <p>Allison Schafer, DO Department of Family Medicine, ETSU</p> <p>12 people max Room 264</p>

Thursday March 22, 2018

7:30 AM – 7:50 AM

Breakfast, Registration, and Exhibitors

7:50 AM – 8:00 AM

Welcome and Announcements

8:00 AM – 9:00 AM

How to Document for Star Ratings. Document the M.E.A.T. for Diagnosis, and Documentation for Compliance

Paula Wright, CPC, CPMA
Compliance Officer,
Quillen ETSU Physicians

- Recognize the importance of documenting to the highest level of specificity.
- Assess medical documentation for compliance.

9:00 AM – 10:00 AM

Calcium Metabolism Disorders

Deepika Nallala, MD
Quillen Physicians, ETSU

- Propose an appropriate plan of care for patients diagnosed with a specific metabolic bone or calcium disorder.
- Identify measures that can evaluate the efficacy of treatment plans in assessing patient outcomes in those with a metabolic bone or calcium disorder.

10:00 AM – 10:15AM

Break and Exhibitors

10:15 AM – 11:15 AM

Under Pressure: An Update on the Treatment of Hypertension

Ryan Tewell, PharmD
Gatton College of Pharmacy
East Tennessee State University

- Compare and contrast published hypertension guidelines.
- Select an appropriate blood pressure goal for a hypertensive patient.
- Design a treatment regimen for hypertension.

11:15 AM – 12:15PM

Vestibular Rehabilitation and Concussion Management

Bridgette Wallace, PT, DPT

- Recognize causes of symptoms during the patient interview.
- Differentiate between dizziness and vestibular irritation.

	360 Balance & Hearing Center	<ul style="list-style-type: none"> Analyze common symptoms with vestibular, visual, and/or cervicogenic involvement.
12:15 PM-1:00 PM	Lunch and Exhibitors	
1:00 PM –3:00 PM	Tennessee Opioid Safe Prescribing Guidelines** Tim Smyth, MD Catalyst Health Solutions	<ul style="list-style-type: none"> Understand State of Tennessee guidelines on opioid prescribing. Understand the concept of MEDD. Appropriately assess and document chronic pain complaint. Appropriately assess patients for pathologic use of pain medication.
3:00 PM – 3:15 PM	Break and Exhibitors	
3:15 PM –4:15 PM	Drug-Induced Liver Injury (DILI): Update Chakradhar Reddy, MD Division of Gastroenterology Department of Medicine Quillen of College of Medicine James H. Quillen VA Medical Center	<ul style="list-style-type: none"> Identify patterns of drug-induced liver injury. Present a treatment plan for drug-induced liver injury.
4:15 PM – 4:45 PM	closing remarks	

****Meets Tennessee prescribing practices credit requirement.****



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This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education (ACCME) through the Quillen College of Medicine, East Tennessee State University. The Quillen College of Medicine, East Tennessee State University is accredited by the ACCME to provide continuing medical education for physicians.



The ETSU Quillen College of Medicine designates this live activity for a maximum of 30.0 *AMA PRA Category 1 Credit(s)*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity. Please allow 10 days for credits to be applied.



East Tennessee State University College of Nursing is an approved provider of continuing nursing education by the Tennessee Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Up to 29 hours, 15 minutes (29.25 CH which includes 2.00 CH for pharmacology CE) if participating in skills sessions. If not participating in skills sessions; 25 hours, 15 minutes (25.25 CH that includes 2.00 for pharmacology CE) have been approved for this conference.

Claim only the credit commensurate with the extent of participation in this activity

East Tennessee State University College of Nursing implements a \$15 certificate fee per conference. This fee covers the following: cost for being a provider of nursing contact hours, supplies, and nursing coordinator's time for completing necessary paperwork. If you would like to claim Nursing Contact Hours, please contact etsucne@etsu.edu. Please select nursing credits on the request for credit form and attendance credit, and sign in at the registration desk.



Pharmacists will have access to 7.0 ACPE Credits accredited by The Tennessee Pharmacists Consortium for Education (TPCE). TPCE is accredited by the Accreditation Council for Pharmacy Education (ACPE) as a provider of continuing pharmacy education.

To receive ACPE Credit, visit the Tennessee Pharmacists Consortium for Education website at Tpce.learningexpressce.com.

UNIVERSAL ACTIVITY NUMBER (UAN): 0575-0000-18-037-L04-P
A completion code will be provided to pharmacists at the conclusion of this event. Please stop by the registration desk to receive. You will have 60 days after the date of this program to complete the evaluation and receive credit.

This course is approved for the awarding of up to 3 continuing education units (CEUs) to physical therapists and physical therapist assistants.

AAFP

AAFP members can submit this event for elective credit.

Dental

CME Category 1 credits are accepted by the Board of Dentistry

Conflict of Interest Disclosure

Each individual with influence over content has completed a disclosure form indicating whether they or members of their immediate family have a financial interest/arrangement or affiliation that could be perceived as a real or apparent conflict of interest related to the content or supporters involved with this activity.

The presenters and committee members listed below have reported no financial relationships with commercial interests.

Presenter/Committee Member	Conflict of Interest
Caroline, Abercrombie, MD	None
Mona Baharestani, PhD, APN	None
Ellie Barnett	None
Laura Berry, BFA	None
Reid Blackwelder, MD	None
Michael Bourassa, PT, DPT	None
David Carter	None
Pat Cronin, MS	None
David Cluck, PharmD, BCPS	None
Judy East, FNP, RN	None
Myra Q. Elder, PhD	None
Yasmin Elshenawy, MD	None
Benjamin England, MD	None
Marta Gouge, BS, CHCP	None
Patty Harnois-Church, PhD Candidate, MSN, MHA, RN	None
Diana Heiman, MD	None
Paula Hill, DNP, MSN	None
James Holt, MD	None
Devapiran Jaishankar, MD	None
Patricia King, PT, DPT, PhD, OCS	None
David Kirschke, MD	None
Linda McClure, APN	None
Angela May, MD	None
Deepika Nallala, MD	None
Allison Schafer, DO	None
Debra Shoun, BSW	None
Tim Smyth, MD	None
Robert Snyder, MD	None

Teresa Stephens, PhD, MSN, RN	None
Barbara Stewart, MD	None
Ryan Tewell, PharmD	None
Teresa Gardner Tyson, DNP, MSN	None
Penny Thayer, FNP, BC	None
Paula Wright, CPC, CPMA	None

The presenters and committee members listed below have reported a financial relationships with commercial interests:

Presenter or committee member	Conflict of Interest
Jennifer Bolen, JD	Salary or Consultant fees/Generation Partners, MTL Solutions, Abbott, Pernix
Joseph Ibrahim, MD	Salary or Consultant Fees / Prytime Medical
Chakradhar Reddy, MD	Remuneration and advisory board/ Gilead Sciences, Allergan Pharma, Salix Pharma, Echosens
Brian G. Skotko, MD, MPP	Research and /or Grant Support / Hoffmann-LaRoche, Inc. and Salary/Consultant fees Gerson Lehrman Group
Bridgette Wallace, PT DPT	Remuneration/Consultant fees / Physio Control

Commercial Support Disclosure

East Tennessee State University’s Quillen College of Medicine, Office of Continuing Medical Education (OCME) holds the standard that its continuing medical education programs should be free of commercial bias and conflict of interest. It is the policy of the OCME that each presenter and planning committee member of any CME activity must disclose any financial interest/arrangement or affiliation with corporate organizations whose products or services are being discussed in a presentation. All commercial support of an educational activity must also be disclosed to the learners prior to the start of the activity. There is no commercial support reported for this activity.



New CME Management System



The ETSU Office of Continuing Medical Education is excited to announce that we have implemented a new online CME management system as of March 1, 2018. To ensure you maintain an accurate record of your CME credits earned prior to March 1, you will need to download and save your transcript from the current system. Credits earned prior to March 1, 2018 will not transfer into the new system, and we do not want you to lose these valuable credits.

The good news is that we will walk you through the process every step of the way, via detailed email and online instructions. We appreciate your patience and assistance through the upcoming transition. Please be sure to watch for our emails!

Website: www.etsu.edu/cme

Office of Continuing Medical Education

Phone: 423-439-8081