

Reconnection While Juggling Online Classes During a Pandemic



This semester is much different than we had planned for, but ETSU offers resources for graduate students to help them remain connected while social

The Graduate and Professional Student Association (GPSA)

· This organization for graduate students aims to provide support and information, and helps students to get involved while connecting with their peers and participating in events! Sign up once for a membership with access to resources and events! You can apply at: https://www.etsu.edu/gradschool/gpsa/gpsa_application.php

Center for Physical Activity (CPA)

· Check out the CPA website for monthly virtual group fitness classes! Join in via zoom for fun and free classes such as yoga, HIIT, Pilates, and more!
· Registration opens one week before classes and closes 5 minutes before classes. To register and view the schedule visit: <https://www.etsu.edu/students/campusrec/fitnessprograms/groupfitness.php>

Check out ETSU's Virtual Activities Resources through the Student Activities and Organizations page at: <https://www.etsu.edu/students/sao/virtual-engagement.php>

· Here, you can explore national aquariums, museums, art galleries, watch virtual plays, and much more!

Graduate Student Success Specialists

· Feeling lonely? Schedule a Zoom meeting with the Graduate Student Success Specialist office to vent away your troubles or get connected with resources. The Graduate Student Success Specialists are here to help you succeed, even if it is just to provide a listening ear!
· Email the GSSS office at gradsuccess@etsu.edu to schedule an appointment.



This & That for Graduate Success

November 2020

Andee McCormack &

Sarah Simonian

Sherrod Library, 453

423-439-7062

gradsuccess@etsu.edu



SCHOOL of
GRADUATE STUDIES

EAST TENNESSEE STATE UNIVERSITY