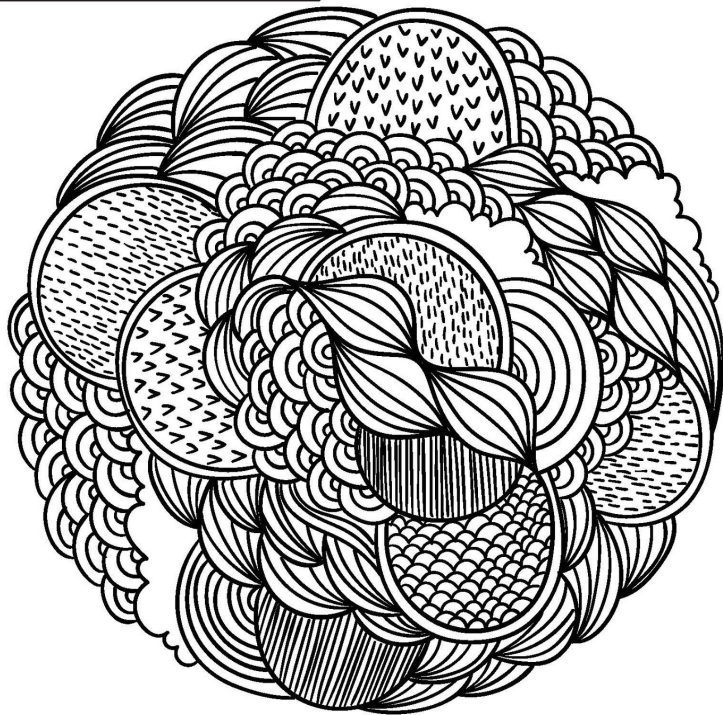


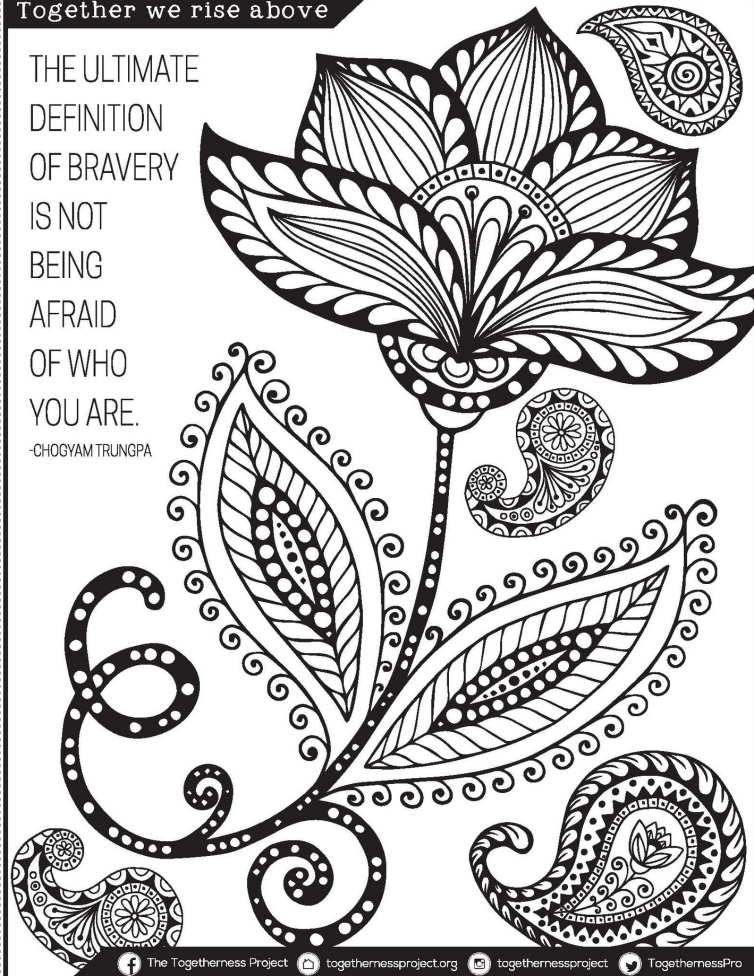
Together we rise above



**I AM STRONG
STRONGER THAN I REALIZE**

Together we rise above

THE ULTIMATE
DEFINITION
OF BRAVERY
IS NOT
BEING
AFRAID
OF WHO
YOU ARE.
-CHOGYAM TRUNGPA



Together we rise above

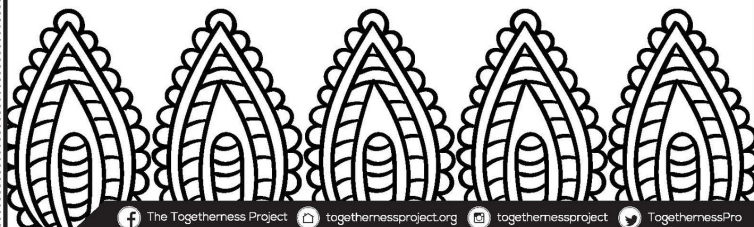
Sometimes
we just
need to
be our
own hero.



Together we rise above



**i am
ENOUGH**





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Division of Student Affairs

EAST TENNESSEE STATE UNIVERSITY



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