

WELCOME TO  
**SENIOR SEMINAR!**

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# Sign up for Senior Remind Alerts...

- Text @c8c626 to 81010 to sign up for text reminders about Bridge requirements and other senior year deadlines and to receive personalized reminders from UB staff.
- If you have already signed up for this, you'll have to sign up again due to an account change!

# Session 1

- Go over Bridge Program and Bridge Requirements
- Talk about making college plans and what to be working on now
- Questions

# But first, paperwork.

- Info Forms—fill out as accurately as you can.
- Academic Year Commitment Forms
- Exceptions to Confidentiality

# Exceptions to Confidentiality

Information shared with any Upward Bound Advisor or Counselor will be kept confidential whenever possible. Please understand that confidentiality must be broken if information regarding the following circumstances is shared:

- Where there is a reasonable suspicion of child abuse (past or present), or when elder abuse or the abuse of a disabled person is reported
- Where there is a reasonable suspicion that you or someone else may present a danger of violence or harm to others
- Where there is a reasonable suspicion that you are likely to harm yourself unless protective measures are taken
- Where a crime or potential crime has been committed on campus
- Where your physical or mental well-being or the physical or mental well-being of another student is potentially at risk

If any of the above information is shared with an Upward Bound staff member, we are required to report the information to the appropriate person or agency and potentially to ETSU Public Safety. In certain situations, we may also be required to disclose information to your school counselor and/or parent in order to ensure your safety and the safety of other students at your school. Please make sure that you have read and understand these exceptions to confidentiality and sign this form stating that you have been informed of these exceptions.

# RETURNING STUDENT

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Upward Bound REVIEW

# Missing a school visit

- If you are absent from school or forget to sign in, call or email the UB office within a week. You can still receive sign-in credit!
- If you know you're going to be absent, you can notify UB staff ahead of time. This will excuse your absence.
- If your school is closed for inclement weather or illness, you can still call or email for credit.

# Absence Policy

- Missing 4 school visits (unexcused) or 2 Monday sessions (unexcused) could result in suspension from the program



# When is a session cancelled?

- If any of our schools are closed or dismiss early for any reason (weather, illness, etc.) the Monday session will be cancelled.
- See our website for a list of all our schools and updates about the session.
- You can also sign up for a text alert and follow us on Facebook to stay up to date.

# Address/ Phone Number Change

- Please remember to give us your new address as soon as you move. This way we can get important information to you.
- Also, make sure to let us know if your phone number changes.

# Grades

- It is YOUR responsibility to either show or tell us your grades when you receive your grade card.
- If you are making below a 2.5, we may set up an academic improvement plan to help you.
- Remember all of our tutoring services: [tutor.com](https://www.tutor.com), ePrep, study sheets, and personal tutoring.

# Behavior

- You all were so wonderful this summer, and we hope to bring those good attitudes and behavior into this year.
- Just a reminder that we do not tolerate:
  - Fighting
  - Profanity
  - Alcohol and drugs
  - Weapons and firearms
  - PDA

# Upward Bound Expectations

- Remember that you represent Upward Bound at your school, so you should be a good role model and live up to our high expectations of our UB students.

# Academic year commitment

- By signing the academic commitment form, you agree to the following:
  - Communicating with Upward Bound staff about your grades.
  - Working with the UB staff to develop an academic improvement plan if your GPA falls below a 2.5.
  - Following all UB rules and behavior expectations.

# UB BRIDGE PROGRAM

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# What is Bridge?

[https://www.youtube.com/watch?v=\\_VoEksylpe4&feature=em-upload\\_owner](https://www.youtube.com/watch?v=_VoEksylpe4&feature=em-upload_owner)



# What is Bridge?

- Scholarship program
- Two ETSU general education classes at no out-of-pocket cost (books, meals, housing included)
- Support for transition into college
- Separate from regular UB program
- Only summer option for seniors
- Considered college students by Upward Bound and by ETSU and are expected to abide by all University rules and regulations

# When is Bridge?

- Runs during ETSU's summer session 1, usually from early June through mid-July. The program lasts for five weeks.
- Classes will generally meet for 90 minutes each day, 5 days a week.
- Mandatory Supplemental Instruction and Bridge Meetings weekly

## Sample Bridge Schedule

### Monday-Friday

8:00am–9:30am      COMM 2055

9:45am–11:15am    PSYC 1310

### Tuesday & Thursday

11:15-12:05      Supplemental Instruction

### Wednesday

11:15-12:05      Bridge Meeting

# Why Bridge?

- Take your first college classes with your UB friends
- Earn 6 credit hours that should transfer to your college
- Learn how to study in college with SI
- Surround yourself with college-bound peers
- Avoid summer melt
- Fun activities and end of summer trip (with 2.5 GPA)
- Earn \$10/week
- Capstone experience—you've worked for it, you deserve it!!!
- Bridge=money. UB invests between \$1,451-\$2,811 per Bridge student, not counting books and meals.

# BRIDGE REQUIREMENTS

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- ETSU application
  - High school transcript
  - ACT/SAT
  - FAFSAs
  - Essay
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- Due December 7th

# ETSU Application, Transcript, and ACT

- *Turn in paper application to UB. If you have already done an online application, see me at end of session.*
- Have school counselor put official high school transcripts in a signed or stamped, sealed envelope and turn in to UB.
- Make sure your name is on the envelop.
- ACT usually comes in with HS transcript. Make sure to have all scores sent to ETSU.

# 2018-2019 and 2019-2020 FAFSA

- 2018-2019 FAFSA

- Applies you for summer financial aid (Pell grant)
- Won't affect Hope scholarship, other 19-20 aid
- Counts toward Pell Grant lifetime max of 160 credit hours
- List only ETSU on this FAFSA
- Use 2016 tax info

- 2019-2020 FAFSA

- For Fall, Spring, and Summer 2019-2020
- Fill out as soon as possible
- Use 2017 tax info

# 2018-2019 and 2019-2020 FAFSA

- Make an appointment with UB to complete the FAFSAs!
- What you will need to complete the FAFSA's:
  - 2016 & 2017 Parent and Student Tax Return (if filed)
  - 2016 & 2017 Parent and Student W-2s (if worked)
  - Parent and Student Social Security Numbers
  - Student Drivers License (if student has one)
  - Untaxed income records (child support received, veterans non-educational benefits, etc.)
  - Current balance of checking and savings accounts
  - Current value of farm and business assets, stocks, bonds, and other investments

# 2018-2019 and 2018-2019 FAFSA

- Get FSA IDs for student and your parent/guardian
  - Go to [www.pin.ed.gov](http://www.pin.ed.gov)
- Use IRS Data Retrieval Tool if available
- Fill out accurately and make sure both student and parent signs
- If you are unsure on how to fill something out, save and check with a UB staff member



# 2018-2019 and 2019-2020 FAFSA

- *Forward the emails that say “FAFSA successfully processed” in order to receive credit for these requirements to*

[ETSUUBstaff@gmail.com](mailto:ETSUUBstaff@gmail.com)

# Essay

- 2 full pages, typed, double-spaced, Times New Roman font, one inch margins
- Topic: *How my Involvement in Upward Bound Has Assisted Me in Preparation for College Success and Success in Life*

# Bridge Requirements

- Deadline is important
- Regular attendance at school visits and sessions required
- Students must demonstrate their academic, social, and emotional readiness for college
- Additional Spring requirements will be covered at January session

# Bridge FAQ

- Do I have to reapply to ETSU for Fall?
  - No—the application you fill out for Bridge will admit you for Summer, Fall, and until you decide to stop coming to ETSU or graduate
- Do students live in regular UB dorms with RAs?
  - No, Bridge students live in separate dorms. UB does not hire RAs to supervise Bridge students. Dorm will likely be Davis Apartments..
- Do Bridge students participate in UB activities?
  - Bridge students are invited to a limited number of activities.
- Will my Bridge classes count if I transfer to a different school?
  - Yes, these Bridge classes will be Gen Ed courses that should transfer. Check with Ali for details. All college credit, even low grades, **must** be transferred to your college of choice for Fall.
- What if I have dual-enrollment or AP credit for the Bridge classes that are offered?
  - We will find different classes that work for you!
- What if I'm not sure yet if I want to Bridge?
  - Complete Fall requirements just in case. (They're not that hard!)
- What if I'm taking a vacation this summer?
  - Attendance policy at your instructor's discretion. Missing more than 1-2 days strongly discouraged.

# PLANNING FOR NEXT YEAR

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# This Semester

- Decide which colleges to apply to
- Apply to colleges
- Retake ACT if needed
- Fill out FAFSA(s)

# What are your plans?

- Big school or small school?
- Close to home or move away?
- Public or private?
- Affiliated with a religion?
- What are the admissions standards?
- What is the cost of attendance? Financial aid?
- Does this school offer the major I am considering?
  
- Search with <https://bigfuture.collegeboard.org/>

# Have a plan, and a back-up plan!

- Apply to dream schools, second choice schools, and back-ups
- Make sure you understand the cost of attendance at schools you are applying to and have a plan to pay. Remember, getting admitted is only half the battle!
- Consider in-state, public schools as a cost-effective option
- Every student should apply to ETSU and Northeast State and complete Tennessee Promise requirements
  
- **NOW IS THE TIME** to think realistically about what schools you will be able to attend academically and financially!



# Do I have to declare a major?

- Advantages

- Can begin specific program of study as soon as you begin college
- Will help you stay on track to graduate in 4 years
- Advised specifically for your major, so no unnecessary classes

- Disadvantages

- As many as 80% of college students change their major at least **once**. The average student may change their major three times during college.
- Undeclared majors are able to take General Education courses and explore majors
- Make sure you have accurate information on majors before declaring or making a college choice!

# Cost of Attendance

## ETSU

In-State Tuition & Fees	\$4,700
Dorm	\$2,000
Meal Plan	\$1,800
Books & Supplies	\$500
<b>Total Cost of Attendance</b>	<b>\$9,000</b>

# Books

## ENGL 1010

Norton Reader with 2016 MLA Upd (Shorter) Edition: 14 <sup>th</sup>	\$22.40
Pocket Style Manual with 2016 MLA	\$35.25

## HIST 2010

American Promise (Value Ed)(Vol 1 to 1877) Edition: 6 <sup>th</sup>	\$28.50
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## MATH 1530

Basic Practice of Statistics (Launchpad Access) Edition: 7 <sup>th</sup>	\$106.00
Basic Prac Statisitics (W/LaunchPad Access)(Loose Pgs) Edition: 7 <sup>th</sup>	\$126.50

## PSYC 1310

Discovering Psychology (LLF)(w/LMS Intg MTap Access)(CUSTOM) Edition: 2 <sup>nd</sup>	<u>\$117.50</u>
	=\$436.15

# Cost of Attendance

- Milligan College
  - \$15,650 tuition per semester
  - Approximately \$18,000-\$20,000 cost of attendance per semester
- King University
  - \$9,750 tuition per semester
  - Approximately \$18,000 cost of attendance per semester
- UTK
  - \$6,485 tuition per semester
  - Approximately \$15,000 cost of attendance per semester

# How to Go to College for Free

(And Maybe Even Make Money!)

ETSU Tuition (1 semester)		\$4700
If you...	Then you get...	
Have financial need	Pell Grant (Federal)	\$3,000
Have financial need	State Grant	\$1,000
Have a 21 ACT or 3.0 GPA	Hope Scholarship	\$1750
Have a 29 ACT and 3.75 GPA or >\$36,000/year	GAMS/Aspire	\$750
Have a 25 ACT and a 3.5 GPA OR a 22 ACT & a 4.0 GPA	ETSU Academic Performance Scholarship	\$1000+
		<b>=\$7,500</b>

With need-based and merit-based financial aid, you can go to ETSU for free and actually have nearly **\$3,000** left to spend on books, food, gas, and housing!

# Scholarships

- Begin searching for scholarships:
  - <https://bigfuture.collegeboard.org/scholarship-search>
- More on Scholarships and other types of Financial Aid at the next Session
- Check Scoop weekly for scholarships
- Check list on UB website

# Applying for Admission

- Know deadlines:
  - ETSU: December 15<sup>th</sup> (for APS eligibility)
  - UTK: November 1<sup>st</sup> (for competitive scholarship eligibility)  
December 15<sup>th</sup> (for institutional scholarships)
- Turn in all required materials: application form, high school transcript, ACT scores, essay, letters of recommendation, etc.
- Check to see if auditions, portfolios, or anything else is required for admission into specific programs of study
- UT fee waiver application is available online.
- Ask school counselor about application fee waivers for other schools.

# Should I retake the ACT?

## Scores for College Admission

To go to...

- ETSU
- UT-Knoxville
- Milligan College
- Berea College
- Appalachian State University

Most students score between a...

19-24

24-29

22-26

22-27

23-28



# ACT for Scholarships

Hope Scholarship: Must have 21 ACT or 3.0 GPA

## ETSU Academic Performance

### Scholarship:

22 ACT and 4.0 GPA: \$2000/year

25 ACT and 3.5 GPA: \$2000/year

26 ACT and 3.5 GPA: \$3000/year

27 ACT and 3.5 GPA: \$4000/year

30 ACT and 3.9 GPA: \$5000/year

## UT Volunteer Scholarship:

28–29 ACT and 3.8 GPA: \$3,000/year

30–33 ACT and 3.8 GPA: \$5,000/year

34–36 ACT and 3.8 GPA: \$8,000/year

# ACT

## ***Subscores matter too!***

Avoid having to take Learning Support Classes in college (which cost extra money and may prevent you from taking certain classes) by earning these minimum ACT subscores:

- English: 18
- Reading: 19
- Math: 19

# ACT

- According to **ACT**, over half of the students who take the test a second time do better on the second test than they did on the first.
- Use ePrep to improve your score!
- If you plan to test again, sign up for the December test date.

Test Date

December 8, 2018

Registration Deadline

November 2, 2018

# Important Upcoming Deadlines

- Tennessee Promise application deadline: November 1<sup>st</sup>
- UT competitive scholarships deadline:
  - Apply for admission by November 1<sup>st</sup>
  - Fill out scholarship app by December 15<sup>th</sup>
- Bridge requirements deadline: December 7<sup>th</sup>
- ETSU Academic Performance Scholarship—apply for admission by December 15<sup>th</sup>
- UT institutional scholarships (i.e. Volunteer Scholarship)—apply for admission by December 15<sup>th</sup>
- Deadline to sign up for December 8<sup>th</sup> ACT: November 2<sup>nd</sup>
- Check on your top college choices for admissions/scholarship deadlines

# What's Coming Up

- Once admitted to college, will receive letter with **email and student portal information**. Begin logging in and checking these immediately.
- Begin reviewing **financial aid award letters/emails** to figure out which schools will be financially viable for you.
- Begin working on FAFSA verification requirements for summer and for your college of choice next year.

# Tips for Surviving Senior Year

- **READ and UNDERSTAND!**
- Keep a planner with important dates and to-do's
- Create a professional email address and check it often
- Talk to UB staff
- Make sure you participate in and understand the whole college admissions and financial aid process

# WARNING!

- You should never pay for scholarship information, help with Admissions, or the FAFSA!

# Stick with UB!

- We may be most valuable to you senior year!
- We are so proud of you and grateful for your commitment to UB throughout high school. Stay with us through senior year, even if you aren't Bridging!



# QUESTIONS & PAPERWORK

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# Paperwork

- If you haven't turned it in yet:
  - ETSU application (follow instructions sheet)
- Also available:
  - FAFSA Information Handout
  - Extra Bridge Requirements check sheets